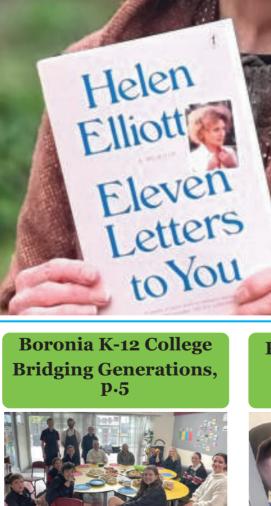
## Boronia & The Basin September 2024 COMMUNITY NEWS

Delivering to Boronia. The Basin and surrounding areas

PUBLISHED ON THE FIRST NATIONS LAND OF THE WURUNDJERI PEOPLE

Helen Elliott, local author, introduces her new book, 'Eleven Letters to You' at Miller's Homestead. Story p.14











**Paralympics Paris** 

Issue 336

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#### WORLD SUICIDE PREVENTION DAY **TUESDAY 10 SEPTEMBER**

Some years ago, I wrote a letter, put it in a sealed envelope and gave it to a friend. I was going through a fair amount of trauma at the time. I told him that he would know when it was the right time to open it. He took it, looked at it, looked at me, and then asked, 'Is this a suicide note?

Suicide was not a part of my thinking, but his response really confronted me. Suicide, tragically, is not an uncommon response to unavoidable pain and suffering.

Remarkably and very tragically, suicide is not an uncommon response when life on the surface in fact appears very positive. The reality is that a person can have good physical health, good friends, a great family life, be achieving well with studies - and yet such a life may be without meaning, and a life without meaning leads to despair, and despair can lead to suicide.

When a life has no meaning for a person, that person may create a sort of feeling of meaningfulness perhaps through drugs or alcohol or some other addiction. Then a life can suddenly be full of meaning, but it's a pseudo meaning, and it's a dead end.

All the time a person remains trapped in the confines of such an addictive cage, the wonder of what was really in store for them passes by. Their proper purpose, in the real world, moves past them, leaving them stuck there in their own pseudo world which just exists inside their own head.

Viktor Frankl was a famous psychiatrist, born in Vienna in 1905. He was also a survivor of 3 years in Auschwitz and other concentration camps. There were many suicides in the camps, but there were those too who survived, who triumphed in an impossible situation. These experiences were the crucible out of which Frankl's school of psychiatry emerged. He contended that life serves as a reminder to all, that no matter how difficult the path may be. choosing to give up holds back the human spirit before it has had the chance to fly.

World Suicide Prevention Day is on Tuesday 10 September. It sits well alongside RUOK Day two days later.

Rob Fairbairn. our own Strummer's Story is the Guest Speaker at our 30th year AGM Wednesday 16 October 7pm The Basin Community House

#### **Boronia & The Basin Community News SEPTEMBER**

#### **Boronia & The Basin Community News**

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This community newspaper is run totally by volunteers. We aim to provide the people of Boronia and The Basin with an effective medium of communication, information and expression and to promote community identity, cooperation and pride. We welcome your response to published articles, and request that such responses be courteous and objective.

If you would like to help, please get in touch, we use many skills.

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Indexer: Vicki Court To view index to previous articles, back to the 1990s, search localhistory.yourlibrary.com.au/local Bound editions at Boronia Library

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Follow us.

**SEPTEMBER** 

# **Brown Thornbill**

Before I begin this month, I must confess to my readers that I sometimes re-read these articles and feel they are as dry as dust, I hope I'm not boring you with my passions. And this month's article isn't what you would call explosive, interesting, but not explosive.

On that topic, it has recently been brought to my attention that current state legislation demands that anyone who writes an article in a registered newspaper, i.e., BBCN, and who earns over \$300,000 per annum (a rather meagre stipend I'm sure you will agree) from said literary activity, must have a point of contact for dealing with complaints and grievances etc. The man I have appointed (he came highly recommended) unfortunately resides in a remote village in Equatorial Guinea (his contact details can be provided) and has agreed to report back to me (at a large expense to the complainant i.e., you) a detailed account of your petty complaint. He will report back biennially, and seeing as he contacted me last week with nil to report, it will be two years before I hear back from him again.

So, think long and hard about any criticism thrown at me, remember, I have feelings too you know. On the contrary, if you have accolades and glowing endorsements of yours truly, feel free. Compliments must be over three hundred words long and can be addressed to the editor. If your stuck for ideas I can help.

#### **MY SWEET HOME**

Our Home is built on a top of a tree. We, five members live there free. Mum and Dad we take care thee. It's our life, happy and free.

My little birdies sing, early morn. They bathe sun rays every morn. Their sweet melodies spread over the zone. They are the singers of the green heaven.

> Mum is with them the whole day. Dad, I find food on my way. Juicy, ripe fruits find for the day. They are healthy, happy and gay.

They play together in the nest. We both protect them. Keeping in the nest. After the Sun set, we take rest. They get scared the darkness of the night.

Little ones like to see the moon light. Smile with the silver stars and the moon light. Sleep all silently in the holy night. Wings give the warmth and love of the light.

Dayangani Silva

## **Urban Wildlife**

#### All pictures by Garry Fitzgerald

Gee, can I go on. I have been working at the Royal Melbourne Hospital, an eleven-storey lift shaft, and have I burnt some welding rods in there, let me tell you! That is where I would like to start this month, on the birds I have encountered in that urban jungle of cars, concrete and, I can't think of something else starting with C. You get the picture.

In the card game 500, you never lead with your trump card, so I wont either, but the species list has surprised me. Grey Currawongs give their very pleasant call most mornings, as do the Australian Magpies, the loud carolling giving the men who work there with me something to ease the pain of starting work in these bitterly cold mornings of late. Little Ravens also can always be seen, many people '(I'm going to say Shakespeare, don't really know the accuracy of that statement, but it sounds good),' see them as portents of evil; I see them as highly intelligent

corvids who happen to Currawong have black plumage. Black is just another colour you know.

I park on Royal Parade, and on dawn an English Blackbird starts his morning in style with his gorgeous repertoire, and several times Brown Thornbills have been observed in the introduced

gardens of Melbourne University. A pair of Magpie Larks also hang around, a romantic species, seldom seen alone, normally the male and female, the male can be distinguished from the female by his black beard, at first blush they appear identical, you have to examine things closely.

Ok, a few pesky birds hang around too, Indian Mynah, Noisy Miner, Feral Pigeon and Starling and Silver Gull. Surprisingly, I have not



**R U OK?** inspires and empowers everyone meaningfully connect with the people

them and start a conversation with those in their world who may be struggling with life.

You don't need to be an expert to reach out - just a good friend and a great listener.

Use these four steps and have a conversation that could change a life:

- 1. Ask R U OK?
- 2. Listen
- 3. Encourage action
- 4. Check in

Visit ruok.org.au for more information

## Spring 2024 PAGE 3 BIRD



observed a single Sparrow, neither Tree nor House Sparrow, a rather complex series of factors has contributed to this phenomenon, and occurs worldwide.

Rainbow Lorikeets can often be seen flying overhead, with accompanying loud calls, in a hurry to get to their destination.

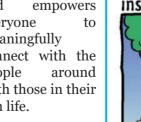
Now for the trump card(s). The introduced trees lining both sides of royal Parade are, ummm, I don't know, I'm a puritan, introduced species of trees don't pique my interest, but they contain many small hollows, with Mr and Mrs Redrumped Parrrot recently seen house hunting, inspecting the hollows before making a suitable choice to raise a family this spring. The male is a brilliant emerald-green, a splash of bright red on the rump and a lovely shade of yellow on the underparts.

And now for the trump card, here it goes, whack! On the nature strip on Royal Parade I found a Brushtail possum tail, which is the classic signature calling card of the Powerful Owl, right smack bang in the middle of all the hustle and bustle of the CBD! Shut the gate!

That's enough, Des Palmer

## insert brain here OH THAT WAS MY UNCLE MURRAY HE WORKS IN PUBLISHING NOW...

by woodsy



## Council elections

Look out for your ballot pack in the mail from 7 October



- Voting is compulsory
- Post your ballot before 6pm, Friday 25 October For more information visit vec.vic.gov.au or call 13 18 32





#### **SEPTEMBER**

#### Spring 2024



#### **PAUL BROECKER**

Last month I was sent to the headmaster's office. Actually, I was asked by the paper to visit Boronia K-12 School's new

principal Paul Broecker for a meet and greet.

Mr Broecker, who is a local with a young family, enjoys gardening and playing the piano. He is very approachable and has a warm manner. He is eager to talk about his new charge.

He is ardent about his role saying, "I am deeply passionate about public education and believe strongly that every student, no matter their background or circumstances deserves the very best."

Paul has a great quote: "A great school sits at the heart of a community."

He is keen on bringing the community closer and dispelling negative perceptions of the past. One of Paul's first tasks is to reconnect with local businesses and groups; one of these will be achieved by the holding of a fete on 30 November to bring the community to the school, and also as an event to celebrate the school's centenary. An exciting occasion to look forward to in the late Spring.

Paul comes with big school experience having previously been Assistant Principal at two large outer South Eastern Secondary schools, and is using this experience to Boronia K-12's advantage and its strengths.

"We have the benefits of a medium-sized school, a strong sense of community and relationships with families. We know students well; their strengths, interests, and needs while having all the benefits of a big school; great facilities, lots of subjects, and co-curricular opportunities such as sport, camps and regular excursions."

Paul says one of the challenges of K-12 is to not think of the school as three different entities (Kinder, Primary & High) but as a whole package, and to make that an appealing concept to have students make their educational journey in one establishment. Having the only secondary school in our circulation area, this is a practical option.

The BBCN is excited about forming a relationship with Paul and the school, hoping to see more student-related articles, and seeing how Paul's plans - like his interest in gardening take root and grow within our community.

Danny Nolan



#### **K-12 BRIDGING GENERATIONS**

Friday afternoons at Boronia K-12 College look different for a group of our students across years 7 to 9. Instead of going to Maths, English or PE classes, they spend their afternoons with a group of older participants from our local community who are aged 65+. Their time is spent playing UNO, Chess, Cluedo, cooking pizzas or getting crafty in the art room - all whilst learning about each other's lives, sharing their likes/dislikes, and sharing stories.

We became involved with an intergenerational program after being approached in 2023 by Swinburne University, who were undertaking five 'Intergen Project' partnerships with local councils, schools, and community organisations. There blossomed the 'Intergen Project' between Knox Council, Your Library Knox and Boronia K-12 College. The project ran across 12 weeks where the focus was solely bringing our communities



together whilst playing board and card games. In 2024, our program has evolved beyond the research project and has shifted to sharing skills, knowledge, and building positive connections between generations that may not have connected otherwise.

For our students, the program is really beneficial. They find it refreshing to hear the stories that the older generation have, and they 'enjoy making connections with the older generation.' It allows them to learn from the mistakes and regrets that our older generation have, and learn lessons from their life experiences. Between our older participants, there is an invaluable wealth of knowledge that isn't in the curriculum. The things we have learnt range from how to greet Maoris at a traditional welcome ceremony, to how to take





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kindergartners past swearing cockatoos!

For the older generation, we have really noticed a positive change. Many of them 'don't see young people' except when they go to InterGen. To be able to learn from the younger generation about the issues that affect them provides a new perspective for them. This goes both ways. Many have told us that the program is the 'highlight of [their] week.' They go home 'at the end of the day feeling very happy.' Many of our older participants 'don't see [their] grandchildren' very often, so they think that it is a 'great experience,' particularly when it is at our school and they can 'come to school and work with the teenagers.' One participant said that 'not knowing what was going to come out of this space, it has really exceeded all of my expectations.'

We've really noticed how the program has shifted



the perspectives of both generations towards one another. We have been really pleased to see the bonds and friendships formed through the program. Not just across generations, but within generations, too. Importantly, 'everyone is getting a lot out of it, not just one generation.' This is really important as these two cohorts can be the most isolated in our society.

Fridays have really become the highlight of the week for all of us. With the new Knox InterGen toolkit being released, hopefully these connections can become more commonplace in our society.

Nicole Costa (Wellbeing Leader, Boronia K-12 College) and Matthew Payne (Student Leader of *InterGen 2024, Year 8 Student)* 



#### THE ANGLISS HOSPITAL Ray Peace, Knox Historical Society (khs@relics.com)

Upper Ferntree Gully's Angliss Hospital is currently undergoing a major upgrade. This month's article looks at how, why and where the community hospital got started.

In the 1930s, the nearest hospital to the Shire of Ferntree Gully was in the city. The idea of constructing a bush nursing hospital, as it then was, was floated in early 1939. After some deliberations, it was decided the best location for such a community service was in Upper Ferntree Gully, rather than in Boronia or Belgrave.



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In its original form, the new facility was named the William Angliss Bush Nursing Hospital. The original building survives

today as the Chandler House outpatients clinic; Gilbert Chandler was an early supporter of the new facility. In its earlier form, one half of the building was the actual hospital, the other half the nurses' quarters. The hospital was named after Sir William Angliss, then a member of the Upper House of State Parliament, and a major benefactor. The building was opened by Sir William and Lady Angliss on 13 December 1939. The first baby to be born at the hospital's maternity section was in February 1940.

Sir William Angliss made his fortunes from the fresh meat trade, but devoted much of his fortune to charitable causes, such as the Salvation Army, and organisations bringing migrant children to Australia. He died in 1957, aged 92 years.

After World War II, the population of the district began to increase. As expansion on the original site was constrained by the hill behind the hospital, a site for further expansion was acquired on the other side of Talaskia Road. The hospital acquired a Ladies' Auxiliary, a



dedicated group of fund-raisers, in 1950. The Angliss Hospital Op Shop still operates in the Ferntree Gully Village shopping centre. They had their work cut out; the estimated cost of the new 60 bed hospital was over £2 million.

After delays due to funding problems, the 'new' Angliss Hospital was opened in 1958. But demand for services was still outstripping supply: a further 27 bed ward was built in 1965.



The hospital was now equipped with a gleaming stainless steel kitchen. Ward Two East, with a further 37 beds, was added in 1970. In the latter 1970s, the pharmacy,

radiology and pathology departments were upgraded.

The Emergency Department on Albert Street opened in 1987. A hospital might be operating,

but is rarely complete: new midwifery and paediatric services found a home at the Angliss in 1990, followed by the aged care facility on Edward Street in 1993.



The reconstructed Emergency Department was opened in 2004, with the further addition of a short stay unit for children in 2012. From the



first birth 70 years earlier, the 85,000th new arrival was recorded in 2010. The hospital celebrated its 75th anniversary in 2014.

In December this year, the Angliss Hospital, now

with over 200 beds, will mark 85 years of service to the community. From modest beginnings, the Angliss has become a comprehensive and sophisticated medical service centre for the district, and one that will keep on adapting as needs and technology continue to change.

#### Trees of Green Danny Nolan

Trees of Green is a new business that opened on the upper level of the Boronia Mall in late July. The bulk of the business is hydroponic gardening supplies with an emphasis on people growing plants and vegetables in a small and artificial space. Perfect for the modern trend of people choosing to live in apartments and high-rises as opposed to the traditional quarter-acre block of the past.

Trees of Green has managed to secure the exclusive rights to popular brands in Victoria and can help with expert advice and supplies for those interested in starting in this most modern form of cultivating plants.

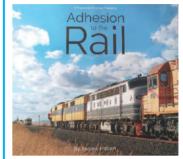
Owner Byron Clear is passionate about aromatherapy and holistic medicine and is an advocate of alternative therapies. Twenty one year old Byron lost his mother to cancer and this sparked an interest in alternative medicines and remedies. Byron's philosophy is simple and generous, he wishes any success he derives from the business to help him change certain current regulations and become active in licensed cultivation and active in medicinal research, a field his aunty, a cancer researcher, is already working in.

Having a unique business at only 21 shows Byron's dedication and belief in his product. So, if you are interested in alternative lifestyle choices, innovative gardening products, and advice, pop into Trees of Green in the Mall. Another new addition to a growing group of shops bringing life back to the Boronia Mall.

"Good Reads" for Train Lovers Adhesion To The Rail, Andrew McBain Published by Andrew McBain, Ballarat 2020

#### From the Foreward by Andrew:

"Adhesion To The Rail" represents my railway highlights throughout the last 30 years ... This



192 page full colour book, complete with detailed captions, illustrates the multitude of liveries applied to our heritage and nonheritage locomotive fleets and the subsequent visual

transformation of our railway landscape that has occurred through time.

Private freight operators in Australia have successfully integrated old heritage locomotives into our modern main line normality without ever compromising service delivery ... we can take comfort in the fact that locomotives in Australia will continue to evoke a certain mystique surrounding their future appearance, along with the trains to which they're coupled."

This beautifully illustrated coffee table book, with hard cover and dust jacket, has full page images of 190 locomotives in action. Spanning some 30 years, the informative captions and creative backgrounds represent countless hours of love and dedication which will be appreciated by all readers, especially train lovers.

"A Trackside Journey" is Andrew's previous book, produced with his brother Trevor.

He has published many DVDs on a wide range of railway lines, locomotives and rolling stock. For more information and book purchases please contact Andrew in Selby directly on mytractor1155@hotmail.com or 0421 325 550.

John Pernu



#### Boronia & The Basin Community News SEPTEMBER

#### Conditionalis Children (Constant) YEARS

#### Veronica Pearce

We acknowlege the wonderful cobntribution of Committee Members over the years.

Veronica has lived in our area for 25 years, and made a powerful contribution to our paper and the Committee of Management from the time she joined in May 2008 until her retirement in early 2021. Thirteen years of a wonderful commitment to this local community service.

Veronica responded to an ad in the paper for the position of Voluntary Treasurer. This was the role of Bob Lancaster who needed more time for his Legacy commitments, and so it wasn't very long before Veronica took over that role. She continued handling our finances until leaving in



**Community House** 

Hi from The Basin Community House. Did you know that the Community House has been providing opportunities for members of The Basin and Boronia

communities and beyond to connect, learn, make friends, volunteer, laugh and stay well for more than 35 years?

In March 2024 Heather McTaggart, retired from the role of manager after 16 years of working with the community. Heather fought and advocated alongside the volunteer committee to gain a fit for purpose building to meet community needs into the future.

I have been entrusted with the role of managing the House under the governance of a voluntary committee with the support of our wonderful team of staff, volunteers, tutors and group leaders. Being new to the role, I am enjoying meeting community members, leaders from the local schools, groups, clubs and businesses to learn more about the community and how we can work to complement what others are doing.

We are always on the lookout for ideas and suggestions about what you would like to see offered by the Community House, whether you

#### Knox Street Orienteering Walkers

#### **October Seniors Festival Event**

The KnoxSOW group will celebrate the Knox Seniors Festival in October with two walks from Tormore Reserve in Boronia. You are encouraged to give this challenging type of walk a try.

You will be given a map of the area around the Reserve containing some strange symbols. Each symbol represents a clue. There are 20 clues and you have to find the answers to as many as you can in one hour. (The red triangle is at the Start/Finish location.) You walk in teams of 2-5 people. The group always goes to a local café for a coffee and chat after each walk.

2021. In 2016, Steve Masters (who had inherited the challenging distribution role from Graham Billing) did a remarkable job in converting that challenge into a spreadsheet, and after he left in 2017, Veronica took on that role too.

**SEPTEMBER** 

Veronica is one of those willing people who will pick up the extra load. She always made a constructive contribution to our Committee of Management meetings, having the capacity to see the larger picture, and she would frequently be a 'devil's advocate' to ensure that we made constructive decisions.

It was a big challenge to the Committee to replace the responsibilities that Veronica carried for so many years. This paper has been much enriched by her many behind the scenes contributions. We wish her well in all of her future endeavours. John Pernu

have a young family or are young at heart. Over the next few months, we will be conducting a survey in conjunction with some sessions where you can drop in, have a look around as well as give us your feedback and ideas.

If you have a skill, talent or passion you would like to share with others, we would love to hear from you. We are looking for people to facilitate a social group or teach during and outside of business hours, especially in the areas of cooking, art, wellbeing, sustainability and music.

Our latest program can be found at www.thebasincommunityhouse.org.au. Our new program will be out in early to mid September and includes lots of new (and some unusual) creative workshops, along with an intro to car maintenance for women, and a children's after school activity. We are located at 21 Liverpool Road, The Basin, next to the Basin Primary School.

We look forward to welcoming you at your local community house.

Maureen McLaughlin

Manager on behalf of The Basin Community House Team

Volunteers David & Glenys have been running the group every month for over 10 years. The group's first walk was in the Rowville Lakes area in December 2013. They meet twice a month at different locations in and around Knox. They also occasionally run it as a special activity for local schools, seniors groups and community organisations. Dogs and grandkids welcome!

#### DATES: Friday, 4 & 18 October

TIME: Registration & training 10:10am, Walk 10.30am - 11.30am

COST: \$2



VENUE: Tormore Reserve, Tormore Road, Boronia

BOOKINGS: Text David on 0419 337 311 or email david.knoxsow@gmail.com

#### Spring 2024

IMPORTANT NOTICE FOR **188 Family Medical Centre Patients.** The surgery has ceased operations and will be closing permanently on 27 November 2024 In the interim if you wish to transfer your medical records to your new practice please email LMedicalCentre@outlook.com providing each of the following details: New practice name including doctor's name Address of practice Phone and fax number of practice Email of practice On going primary care is available nearby at Doctors Care Clinic, 157 Scoresby Rd Boronia 3155, ph: 98393333 or email: reception@drcareclinic.com.au Look Sharp

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#### Boronia & The Basin Community News SEPTEMBER

#### **HOUSING MONITOR - KNOX CITY**

Follow up letter to that published in the July edition. The following article discusses a big housing challenge being proposed for the Knox City Council area.

Knox Councillor Darren Pearce pointed out at a recent council meeting the big difference between the number of new homes planned for Knox and the number the state government would like to see.

The state government's draft housing target for Knox proposes an additional 47,000 dwellings to be built by 2051, or an extra 1740 dwellings a year. The 384 new dwellings likely to be built from the 134 planning permits approved in Knox last year is only 22 percent of the extra 1740 which the state government wanted for that year.

The government's ambitious housing target for Knox is part of its plan to increase housing supply and make it more affordable. It also wants the bulk of the new homes to be built within existing suburbs to limit Melbourne's big suburban sprawl but that goal is looking increasingly challenging.

A study from the Australian Population Research Institute says meeting the state housing targets will require an unprecedented level of building activity. The targets also look increasingly distant when current building activity has already been shackled by high interest rates, rising costs of construction materials and skills shortages. There's no doubt there is increasing demand for housing in Knox.

Knox's population rose from 159,549 in 2022 to 161,766 in June 2023, an increase of more than 2200 people, or 1.39 per cent, its biggest increase for many years.

The 2023 annual report of the Knox Housing Monitoring Program, which was presented at a recent Knox council meeting, revealed the 134 planning permits approved in Knox last year were the third lowest number since the years following the Global Financial Crisis (2009-2010). The report speculated the drop in planning permits could be because of the COVID-19 pandemic and other factors. After comparing the actual number of planning permits issued in Knox last year with the state housing target for the area, the target could be viewed as aspirational.

Knox Mayor Jude Dwight has previously said the council recognised the need for more housing to accommodate its growing population. But it wants to ensure the draft state housing target for Knox doesn't cause negative impacts for the area. It will need to manage the pressure which the growth will put on a range of community needs such as Knox's transport network, drainage and other infrastructure, open spaces, schools, health and community services, and areas of environmental significance.

Increasing the number of homes in Knox will also involve a lot of disruption to existing streetscapes and in some cases the loss of views, trees and the generation of a lot more traffic. The 2023 Housing Monitoring Report revealed the construction of the 384 new dwellings likely to be built in Knox from the 134 planning permits approved last year will involve 93 proposed building demolitions. In Knox, one dwelling has been demolished for every six dwellings approved in planning permits over the past seven years.

Knox council has sought to manage what and where additional housing is built through its Knox Housing Strategy. The housing strategy has defined four major areas across Knox, with each area having its own guidelines on what types of housing are permissible in those areas. The guidelines also cover elements such as minimum areas of private open spaces and the number of trees to be planted.

It aims, as Cr Susan Laukens recently said, to get the right character of housing, in the right areas and with the right number of homes.

The four major areas are Bush Suburban, Knox Neighbourhood, Local Living, and Activity Areas.

New housing is preferred to go in the areas with good services and infrastructure - Activity Areas and Local Living.

Most of Knox is in the Knox Neighbourhood Area but parts of Boronia and Ferntree Gully are in Bush Suburban or Local Living areas.

Most of The Basin and Upper Ferntree Gully are in the Bush Suburban area.

In 2023, Knox's Activity Areas had the highest housing density of 142 square metres/dwelling and the Local Living areas were 186 square metres/ dwelling.

The Knox Neighbourhood area had 467 square metres/dwelling and the Bush Suburban areas 797 square metres/dwelling.

The report found that 88 per cent of the new dwellings approved in 2023 complied with the council's housing strategy, the highest average percentage of dwellings being sited in their preferred housing strategy areas since 2016. But it also said the dwelling density in Local Living areas (186 square metres/dwelling) had increased by 38 per cent between 2022 and 2023.

It said if the growth in dwelling density continued in Local Living areas, those areas' dwelling density could surpass the dwelling density of the Activity Areas that currently had higher dwelling density.

Other insights from the report were that half of the new dwellings in the planning permits approved last year were in Bayswater and Rowville.

Another insight in the housing report was that Knox needs more small dwellings (one to two bedrooms) to accommodate its increasing number of smaller households. The 2021 census showed that 45.7 percent of Knox households were lone person and couples-only households.

By 2031, nearly 50 per cent of Knox households will be couple-only and lone person households, more than the number of households with children, according to the demographic trend forecasters quoted in the report (*housing.id.com.au/knox*). However, the number of small dwellings approved by the council last year was only 32 percent of approved net dwellings.

A further aim of the council's housing strategy is to more closely match the mix of available dwellings

#### Reader's letter - Karren Burns, Kubochi Hair and Beauty, The Basin

I have been the business owner of Kubochi Hair and Beauty at 389 Forest Road, The Basin since October 2008. I have enjoyed being part of The Basin community for 16 years now. I have had 4 different landlords over this time. My current landlord is the Sri Vakrathunda Vinayagar Hindu Temple. They purchased the property a few years ago, just before my lease of 14 years was coming to an end. They had plans to develop the property, so chose not to renew my lease and I have been on a month by month basis since October 2022. The temple are in the process of having plans approved for a multi story complex, including a private basement and ground level carpark, 3 shops and an office complex on the 2nd Floor.

I have made arrangements to relocate my business from 389 Forest Road, to 395 Forest Road. I am so fortunate to have the opportunity to stay in The Basin and to be only moving a few doors down. My new landlords are local residents of The Basin and were business owners at 395 for many years. I am currently fitting out the new space and am excited to be open there in October, marking Kubochi's 16th Birthday.

During my time in The Basin, I have employed a number of staff and apprentices. We currently have a small team of 4 but the move will enable us to grow the business and add to our beautiful team. The salon joined the "Sustainable Salons" movement in 2022 guaranteeing 95% of our salon waste wasn't going into landfill. We send metal, plastic, hair and paper to be recycled and repurposed. Our waste has been reduced to a single small bag per week. We continue to develop as a salon, updating our skills and adding to the services on offer. We are always striving to provide quality hair and beauty services to the community. We have enjoyed the company of so many wonderful and loyal clients over the years, many who have been on our journey with us since the beginning. I can't thank them enough

Demolition of the buildings at 389 will commence once I have moved and I'm told construction of the new development is due to be completed late 2025. I'm looking forward to seeing the completed project.

Karren Burns

with the growing number of smaller households in Knox by encouraging the construction of more smaller dwellings that are more affordable.

'Larger detached dwellings are becoming increasingly out of reach for a greater percentage of new homebuyers,' the report said.

'Smaller houses tend to be relatively less expensive to buy and maintain, which provides more flexibility and choices for young people looking to get into the housing market, elderly residents planning to downsize, and anyone else looking to reduce their expenditure on housing or the cost of living,' the report said.

Everard Himmelreich, Boronia resident

8

A gorgeous photo of baby koala RHONDA

from the Yarra Valley Nocturnal Zoo.

It is the first joey born in captivity at the zoo

and has finally left mums pouch to start exploring.

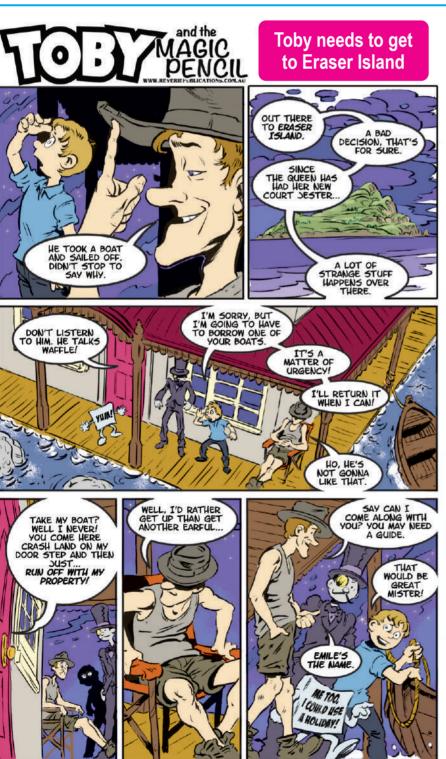
Just in time for Spring. A celebration of new life.

Photo credit: Loo Scoon

YARRA VALLEY



125 Clegg Road, **Mount Evelyn** 



TO BE CONTINUED.

TOBY AND THE MAGIC PENCIL CREATED BY GARY DELLAR. ART BY BEN SULLIVAN. LETTERS BY DARREN CLOSE



Spring 2024



AT THE HUT GALLERY 157 Underwood Rd SEPTEMBER EXHIBITIONS

Opens 31 August – 29 September,

#### Fri 1-4, Weekends 11-4 GALLERY. - 'COLLAGE'

This exhibition has given our artists a chance to expand their creativity in a completely different way, using paper, photographs,

fabric and other ephemera, arranged and stuck down onto a supporting surface. Sure to impress!

#### FOYER EXHIBITION - 'ART by ROBERT DISS'

Come along and enjoy Roberts' very inspiring art collection. A very talented artist, expressing his creativity in different mediums

Cards, Giftware and Artworks for sale in the Foyer www.thehutgallery.com.au

ALL WELCOME, FREE ENTRY



Saturday 7 September, 11am The History of Money, Meet and Greet at **Thompsons Coins** Shop 8, 50 Dorset Square, **Boronia** 

#### **Money Matters**

In the mid-1960s, a wave of counterfeit \$10 notes hit Australia, raising alarm bells across the nation. This spurred Dr. Herbert "Nugget" Coombs, then Governor of the Reserve Bank of Australia, to embark on an ambitious project in 1968. His mission? To develop a banknote that would be virtually impossible to forge.

Coombs enlisted a team of scientists from CSIRO and various universities. Leading the charge was David Solomon, who spearheaded the creation of a revolutionary polymer substrate. The team's hard work and innovation culminated in the invention of the holographic feature known as an optically variable device (OVD), a key feature in making the notes difficult to counterfeit.

The journey from concept to creation was anything but straightforward. The team conducted extensive testing to ensure the notes' durability and security. One such test involved the "Turbula" machine, which simulated the wear and tear a banknote would endure in everyday use. The results were promising, setting the stage for a new era in currency technology.

The first Australian polymer banknotes were finally issued in 1988, coinciding with Australia's bicentennial celebrations. These notes were a significant milestone, showcasing a design that commemorated 200 years of European settlement. They not only represented a leap in security features but also in durability and longevity compared to their paper predecessor

Australia's introduction of polymer banknotes has since revolutionised currency security worldwide. Many countries have adopted polymer notes, benefiting from their enhanced durability and sophisticated security features. From the laboratories of CSIRO to your wallet, the story of Australia's polymer banknotes is a testament to innovation and perseverance.

Next time you handle a crisp polymer note, take a moment to appreciate the history and technology behind it. It's more than just a means of transaction; it's a piece of Australian ingenuity and a legacy of security that has set a global standard.

Matthew Thompson - Director of Thompsons Coins and Collectables



10

#### Father's Day: September 1st, 2024

*Father's Day* is an internationally recognised occasion to honour fathers, father figures and fatherhood. It expresses gratitude for fathers' contributions to families and to wider society. It started in the USA in 1910 as a complement to the recently established Mother's Day. Although initially slow to become widely recognised, it eventually grew to become globally celebrated. It is celebrated on different days in different places and cultures and is a public holiday in some countries (but not Australia). Fatherhood is of course a 24/7 activity all year, but it is good to show dad you care and appreciate him on this one special day each year.

Why not make a special personalised card for Dad, like the examples shown here. Just think about what dad likes and use this to show him how much you love him and being with him.





Seahorses (and their close relatives of the Syngnathidae family, that includes sea dragons, pipe horses and pipefish) are special in that they are the only father in the animal kingdom to carry the young during pregnancy and give birth to their babies.

#### What a dad!

These strange looking, yet beautiful, creatures are all types of fish, although they look very different from other fish. They are found in tropical waters around the world, including Australia and some of the marine environments around Melbourne.

Some other interesting facts about seahorses:

Seahorses vary in size, ranging in length from about 2cm to 35cm, and they live approximately 1- 3 years.

Father and mother pairs engage in daily greetings, in a dance that lasts several minutes. In this the male and female change colour and pirouette together.

They are the slowest moving of all fish species, because the tiny fin in the middle of their back is the only way to propel themselves.

*They don't have teeth or even a stomach*, they suck up their food (small crustaceans) through



## Animal Kingdom Father of the Year The Seahorse

their trumpet-like snouts from as much as three centimetres away.

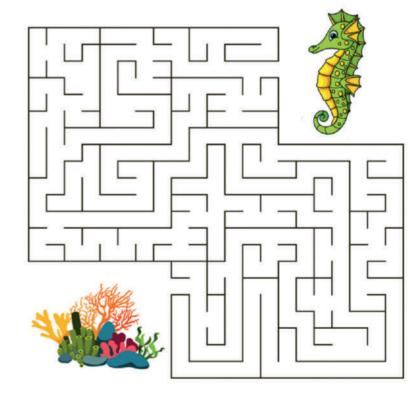
*Their tails are quite flexible*, enabling them to anchor themselves to coral or seaweed when they're in need of protection or a rest. They can also attach to faster moving animals to hitch a ride.

They can move forward, up, down and backwards in the water. The shape of their head helps them move through the water almost silently. This combined with their ability to camouflage into their surroundings (colour changes) makes them effective hunters.

*They need our help!* Many populations are endangered, particularly those in estuaries, suffer from habitat loss, pollution, invasive species and climate change. However, human commercial fishing is the biggest pressure on seahorses.

## \*\*\* Seahorse Maze \*\*\*

Can you help the seahorse get to his home among the coral?



www.kidspuzzlesandgames.co.uk

**SEPTEMBER** 



11

#### **Reflections across Generations of Fatherhood** *Joy Shelley*

## This story shares experiences of fatherhood from different times and personal life situations.

We spoke with men who first became fathers in the 1960s (Roger), 1980s (Arthur), and 2020s (Jamie). Each father was asked the same few questions about their expectations of fatherhood and what it was like for them.

The first father was the third child in the family, who was born in New Zealand and started work after leaving school in year 10. He moved to Australia at the age of 18. It was before computers and he studied part time via correspondence, whilst interstate truck driving. It was common at that time for women to be at home during child raising. The second was also the 3rd born, who had lived in outback Queensland most of his childhood and left home at 17 to go to University in Brisbane. When his first child was born, the internet and mobile phones were not in general use. The third father is the first of four children who also left home at 17 and completed further studies away from home. His first child was born during the COVID pandemic and he stayed at home as the major caregiver for the first 18 months. Whilst each father had their children at different times with different social expectations, they all experienced similar challenges and the same happiness from raising them.

#### Q1. How did you learn what was involved in being a father? Where did you get your information?

*Roger:* I left New Zealand for Australia at the age of 18, I met and made friends along the way, mostly married men, and I learnt a lot from them and their partners.

*Arthur:* It was mainly from life experience and talking with friends as there was no internet then. However, there were a few good books around to find specific information on particular things.

*Jamie:* Being the oldest of my generation there was a lot of expectation that I would help look after my younger siblings and cousins. I would learn how to change cloth nappies, feed the infants and other skills. Being part of a bigger family, I got to see a diverse style of parenting by other fathers. Most of them had a relatively 'hands off' old approach and I picked up on what things worked well and what didn't. Books and articles I read over the years were helpful but one of my favourite resources was Hamish Blake's podcast, 'How Other Dad's Dad.'

#### Q2. Thinking about fatherhood in general, what did you most expect would happen, and has that matched your experience so far?

*Roger:* Well to be honest, I thought it would be a "piece of cake" but of course after having raised 3 boys & 1 girl, how wrong I was. However after all the adventures and misadventures I actually loved every minute of the experience.

*Arthur:* I didn't have many firm, preconceived expectations. I was prepared to fit into a different lifestyle and go with the flow, as the kids grew up through various stages. I have always been happiest in my role as a father, supporting them to become who they want to be.

*Jamie:* My experience so far with fatherhood hasn't been too far off what I expected. I knew it would test my patience, perseverance and tolerance and it's definitely on the tougher side of what I imagined. It's hard sometimes to muster up the energy to entertain and properly engage with the dozens and dozens of wildly varied questions and needs of a curious child.

## Q3. What was the biggest delight that you did not anticipate?

*Roger:* The marriage of all 4 children, the arrival of 14 grandchildren and 4 great grandchildren.

*Arthur:* The complete trust your children have in you. There is nothing better than seeing their delight and excitement when you return home.

*Jamie:* I didn't realise just how much it would mean to me to receive affection from my kids. I had imagined what it might be like to be loved and appreciated by my kids. So when my two and a half year old told me that I was his best friend or met me every day after daycare like it had been a month, it really made me feel like I truly mattered to him.

## Q4. What is one thing that you wished you knew earlier?

*Roger:* I'm not sure I can answer this question easily, I guess it would have been better if my parents had told me more about the facts of life. It may have helped in our family growing up.

*Arthur:* Knowing how to calm the children when they are hurt or upset. It is painful to



see them distressed.

*Jamie:* That it's okay to struggle and that bad days will happen. It's impossible to react well to every challenge and you can't stew on it and let it spoil the rest of the day, night or weekend. Sometimes a small break, like handing the children to your partner and taking some time out, then coming back with a fresh mindset, is key to success.

## Q5. What piece of advice would you give to new fathers now?

*Roger:* Have stable employment or profession; be kind and loving in your relationship with your partner and your children; and encourage them to have a good education and a good work ethic.

*Arthur:* Be present and involved. You never get a second chance to build strong connections with your children. You are their best role model, so be the best version of the person you would like to see them grow into.

*Jamie:* Being a father is about being present and growing with your kids. I think it's important that kids see that parents can make mistakes and grow from them. Flexibility in thinking is one of the most common things between the successful fathers I know.

There is no doubt that fatherhood has evolved along with the world. So much more is available now, and this brings both benefits and challenges. Although we cannot predict what fathers of the future will need to know to make the best decisions, we can always learn from past experiences.

Kids, what would youl ike to tell the dads out there? Please add your comments to the BBCN Facebook fatherhood conversation. We would be very happy to hear your own reflections:

> https://www.facebook.com/ BoroniaTheBasinNews





## Young Writers Awards for September, 2024 are shared below for your enjoyment.

All submissions are published as submitted, without editing. Not all submissions can be published. Submissions should be checked for compliance with the submission guidelines detailed on the website.

#### **Matthew Payne**

Boronia K12, Year 8

#### **Dysautonomia | POTS**

Imagine trying to get out of bed one day, and not being able to. You try to stand up, only to fall down and get wedged between your bed and bedside table. You try to sit up, but even that is enough to make you fall back down. Your vision starts going black. You have a pounding headache. You have to get the paramedics to rescue you. At the hospital, you are diagnosed with low iron and sent home, before the results are back. Your iron levels come back perfectly normal. The extent of your existence is essentially being bedbound.

This is the reality for over 200,000 people, including myself, who have Postural Orthostatic Tachycardia Syndrome (POTS). POTS is a form of Dysautonomia (nervous system malfunction). The average diagnosis time is seven years. Seven years of crawling around the house, being able to do just about nothing. Seven years of life wasted away.

For me, I was lucky. I was diagnosed within a few weeks. For me, the trigger was a Covid infection. Mine is a form of Long Covid. I was just twelve years old when this happened to me. That hasn't stopped the medical gaslighting. I have been told a whole range of things from a whole range of doctors who have no idea. Some admit that they have no idea, others don't. Some do have an idea, but not enough of an idea. I've been called 'lazy', told that I'm 'perfectly healthy', despite the test results clearly saying otherwise. I've had three 'specialists' move to Queensland. I've seen doctors at four different hospitals. Some have helped. I am now able to function normally, at least at first glance. Don't count the seven falls that I have had in the past week.

I've decided to tell my traumatic story so that society can understand just how harrowing my condition is. Many studies have rated our quality of life lower than that of someone with cancer. With International Heart Health day on the 29th of September, it is a timely reminder to make the most of your heart whilst you still can. You might be the next person to develop POTS. So go on that hike I know you want to do.

It is also a timely reminder to learn about heart conditions that are present in our community, and stop judging each other for them.

#### BBCN Young Writers Initiative Encouraging our young people to share their thoughts

#### Encouraging our young people to share their thoughts with our community

**The BBCN Young Writers Initiative** (YWI) continues to attract quality stories from young people in our community. It is a pleasure to see the diversity of writing and share these through BBCN publications. YWI Awards continue to be given each month, providing our local young writers with kudos for their contributions in the form of a handy \$50 voucher. Examples of contributions are shared in the printed paper, as well as on the BBCN Facebook page, where your feedback is always welcome:

https://www.facebook.com/BoroniaTheBasinNews

You can submit your entry by scanning this QR code or navigating to https://bbcn.org.au/young-writers/



We are very grateful for the financial support from Bendigo Bank who generously fund YWI prizes through their Youth Foundation Grant Program.

#### Isla Boencke Boronia K12, Year 5

One warm summer evening, a young girl named luna and her best friend willow were walking around the neighbourhood but one thing about these two is that they live in a world of elves, fairies, and mystical creatures. luna has purple hair, blue eyes, and pink wings, whilst willow has blue hair, purple eyes, and green wings. The two walked around as the sun set until it suddenly started to pour down with rain. They ran inside a small, abandoned shack luna heard a weird sound coming from one of the rooms, "willow, I just heard a sound!" willow turned to see I dark figure holding a knife behind them. "Wh-wh-where did that come from?!??" the girls got up and ran through the rain and back to willows house. "phew" willow and luna exhaled. Fast forward 4 years and the girls now live in a large village called hex hollow. Willow and Luna went out for a walk. What they came home to horrified them, the same black figure now sat on there couch holding a bloody knife. "What are you doing here?!?" willow demanded the black figure stood up "my name is Emera and I'm part of the bounty hunters and were here to take you down!" Emera de-hoods herself to reveal a pale elf with scarlet eyes and auburn hair. More people that looked almost identical appeared from everywhere, they all magically summoned arrows and axes. 2 charged at luna but willow grabbed her, and they ran out. luna used her magic to teleport them away from the bounty hunters. "What do they want from us?" willow asked, "idk but who would put a bounty on us?!?" willow stared blankly until she blurted out "huh! Sasha, from high school." It took luna a moment to remember "oh!" luna and willow started to talk and think about what Sasha would want when suddenly Sasha and Emera jumped out of a bush and yelled "surprise!!!!" they yelled luna and willow jumped and fell over "happy birthday!" luna and willow clearly still confused sat up "what??" willow looked stern "We wanted to do something for your birthday!"

"But the blood- ""ketchup! And the bounty hunters were clones that's why we looked the same". "I can't believe you did all that just to say happy birthday?"

"Yes, that would right" "thank you both so much" willow and luna said coordinated.

"thank you"

## PET'S PIECE



few months Α Toto ago, presented to our clinic late at night. Toto is a 6vear old, female desexed German Shorthaired who's Pointer. main reason for presenting was that she collapsed at home.

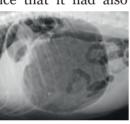
She had dinner and spent time after playing outside however, when she came back inside, she was acting strange and appeared to be uncomfortable. Prior to this, she was completely normal.

Thankfully, her owners decided to bring her straight in to us, without hesitation.

Toto had injected (red) gums and a very bloated, tense abdomen that was painful. Due to her severely distended abdomen and abdominal pain, the decision was made to X-ray to urgently assess her stomach and organs.

On X ray, a very large gas-filled stomach was seen and there was evidence that it had also

twisted (the image shows the big gas filled black region which is stomach). This is a surgical emergency, as the distended stomach can compress on surrounding



blood vessels and decrease blood flow returning to the heart. This condition is known as GDV (Gastric Dilatation and Volvulus) which is

#### **Real Honey Matters**

As children many of us hated Brussels Sprouts but thanks to clever breeding by growers Brussels Sprouts are now a crowd favourite. If you're still not convinced give this recipe a crack and we hope it will change your mind:

#### Honey Soy Sprouts:

#### Ingredients

- · 3 tbsp Basin Backyard Honey (or other natural honey)
- 2 tbsp light soy sauce
- 1 tbsp vegetable oil
- · thumb-sized piece ginger, peeled and cut into small pieces
- 1 garlic clove, sliced
- 400g Brussels sprouts shredded
- 1 tsp Shaoxing wine
- 1 tsp sesame oil
- · toasted sesame seeds, to serve
- Method
- STEP 1

Stir the honey and the soy together in a small bowl. Set aside.

#### **SEPTEMBER**

commonly referred to as "Bloat." Additionally, the stomach being twisted on itself risks damage to the blood supply of the stomach itself and the closely associated spleen, where it can lead to ischaemic injury and necrosis.

In order to rapidly relieve this large gasfilled stomach, a needle was poked carefully into

the stomach through the body wall to help relieve some of the gas causing pressure.

Toto was then given some pain relief, relaxants, and put under a general anaesthetic. A stomach tube was then passed to help further relieve gas build up in the stomach and she was urgently taken to emergency surgery.

During surgery, Toto's stomach was de-rotated and the stomach and spleen were assessed for their viability. Thankfully, given her owner's very prompt action, there had been no damage to either of these organs. The stomach was then stitched to the body wall to prevent rotation again, this is known as a "gastropexy." During surgery, Toto's heart rate and ECG rhythm were closely monitored as this can often become a problem in these patients.

GDV is most commonly seen in large breed dogs, particularly those that are deep-chested. Breeds that are at risk include Great Danes, German Shepherds and Irish Setters.

These deep-chested breeds should have the following recommendations to prevent this from occurring:

• Feeding multiple small meals rather than one large meal

• STEP 2

Heat the oil in a wok and fry the ginger and garlic for 1 min. Add the shredded sprouts and stir-fry for 1-2 mins until wilted. Pour in the Shaoxing wine, then the honey sauce. Toss everything together. Season, drizzle with the sesame oil, scatter with sesame seeds and serve.



Thanks & regards, Michael & Meredith Johnson



## Spring 2024

• Restricting exercise before and after meals

• Reducing stress at mealtime and excessive panting

The best way to prevent a GDV is a "gastropexy" as described above, a procedure often done at the same time as desexing. This is strongly recommended in these at "risk" breeds and should be a very important consideration in Great Danes as

approximately half of these breeds, tend to become affected.

The most common symptoms to promptly recognise a GDV include: non-productive retching (trying to vomit but nothing is coming up), restlessness, rapid abdominal distension and abdominal pain.

If you notice any of these symptoms in your pet, this requires an emergency visit.

Toto's surgery was successful and she recovered well, despite it being a high risk surgery. She remained in hospital for a further 48 hours, where she continued to receive intravenous fluids, pain relief, anti-nausea and drugs to help her gastrointestinal system to start to move again. A GDV is extremely time critical, where the longer the patient waits to have surgery, the poorer the prognosis. The mortality rate is approximately 25-30% where risk factors include duration of clinical signs longer than 6 hours before assessment.

We are so happy to hear that Toto is back to her normal happy self and is able to run around without the risk of this happening again. Her family should be so proud of their prompt recognition of these symptoms and their commitment to helping Toto. This is a case I will forever remember. I am so proud of our team for saving her life. This case reminds me why I love being a vet.

Dr Gianne Ficatas, Veterinarian, Boronia Vet Clinic.

#### Boronia Veterinary Clinic & Animal Hospital

181 Boronia Road, Boronia (cnr Langwith Ave)

#### Phone: 9762 3177

www.boroniavets.com.au

\*Serving the community for over 45 years\*

With over 20 veterinarians, we are one of the largest, privately owned, single site, general practice veterinary hospitals in Melbourne.

Our commitment is to provide diverse options to the entire community.

The clinic offers extended consulting hours, and our hospital provides roundthe-clock care 24 hours a day, 365 days a year. Our existing clients enjoy a 24 hour service.

Restricting and after me
Reducing and excessive
The best we GDV is a and we were stated on the stated of the stated o

#### THE GREAT BARRIER REEF

With the school holidays fast approaching, some Victorians will be planning to escape north to a tropical paradise, and set their sights on a visit to the Great Barrier Reef, making it the perfect time to raise awareness of the challenges facing the Reef.

The Great Barrier Reef covers an area of 348,000 square kilometers and is one of the few living structures visible from space, appearing as a complex string of reefal structures along our northeast coast. It plays host to around 1,500 species of fish, 400 species of coral, 4,000 species of mollusc and some 240 species of birds, along with a great diversity of sponges, anemones, marine worms, crustaceans and other species.

(Great Barrier - UNESCO World Heritage Centre)

The health of the Reef is at the forefront of environmental concern in Australia, but this concern stretches beyond our borders and has become a global issue.

The state of Queensland is responsible for managing the Great Barrier Reef Coast Marine Park which was established under the Marine Parks Act (2004). The Great Barrier Reef has been listed as a UNESCO World Heritage Site since 1981, and at the end of 2022 UNESCO issued its second recommendation for the Reef to be placed on the "in danger" list. In September 2023, the United Nations World Heritage Committee officially kept the Great Barrier Reef off this list. Australia however, remains under pressure to show it is doing enough to protect the reef from environmental harm, awaiting a new report that was released in February 2024.

#### (abc.net.au/news/2023-09-14/great-barrier-reefkept-off-unesco-world-heritage-in-danger-list/ 102855638).

A copy of the report is available on the Australian Government website:

#### dcceew.gov.au/sites/default/files/documents/ greatbarrierreefprogressreport2024.pdf

The Australian Institute of Marine Science has reported four coral bleaching events since 2016, occurring in 2017, 2020, 2022 and more recently in 2024. The most recent survey occurring in February/March 2024 during the time of the release of the Great Barrier Reef Progress Report:

#### aims.gov.au/research-topics/environmentalissues/coralbleaching/coral-bleachingevents"climatecouncil.org.au/resources/climatechangegreatbarrierreef/

One of the most talked about effects on the reef is coral bleaching. Factors that can cause coral bleaching can be:

. A  $1^{o}\mathrm{C}$  higher than the average summer temperature for 4 weeks,

. Over exposure to sunlight as a result of high temperatures that can cause irradiation of coral in shallow waters,

. Run-off from storm water causing the dilution of the ocean water that can also carry pollutants,

. Extreme low tides, causing prolonged exposure to



air in shallow reefs.

Source: https://www.climatecouncil.org.au/ resources/climate-change-great-barrier-reef/

I've been fortunate enough to have visited the Great Barrier Reef on more than one occasion, and every time it has been such a memorable experience. Part of this includes choosing a tour operator that operates in a sustainable way; protecting the reef by being involved in conservation efforts, while teaching and educating tourists on a daily basis about the significance of this ecosystem.

Several of the tour operators are owned locally, with virtually all the crew being marine biologists. They are also involved in a program called "Eye on the Reef," a partnership program that exists between the Great Barrier Reef Park Authority & the Great Barrier Reef tourism industry, facilitating information exchange where monitoring the health of the reef is concerned. They are involved in research projects on the reef, with the establishment of coral nurseries, and removing pest species such as crown of thorn starfish and Drupella snails which slowly eat and destroy the coral. Other programs include participation in the Minke Whale project which records information about whale sightings, GPS readings, markings, behaviours and other interactions.

The reality is, our Great Barrier Reef is under threat. Under threat from pest species as a result of overfishing which removes their natural predators, poor water quality from pollutants and more significantly as a result of climate change.

Each time I have experienced our beautiful Great Barrier Reef, I fall more in love with it. After three hours in the water battling some choppy conditions (I highly recommend taking a pool noodle with you!) feeling completely exhausted. But when the boat siren sounds, signaling everyone to come back in, it feels impossible to let go of this beautiful place.

I find myself desperately trying to take some lastminute mental memory shots of the world below to take back with me back onto dry land. No matter how fancy your GoPro might be, the digital memories will never compare to experiencing the real thing and swimming amongst the coral and marine life.

Ella Slzegier

#### LOCAL AUTHOR HELEN ELLIOTT LAUNCHES HER LATEST BOOK "ELEVEN LETTERS TO YOU"

A packed room of book lovers and Boronia locals enjoyed a heart-warming and engaging talk by author, writer, critic and columnist, Helen Elliott, who was joined in conversation by her daughter, author Eleanor Elliott Thomas at Miller's Homestead.



Helen's recently published book, *Eleven Letters* to You, features letters to eleven important people in her younger years, growing up in Elsie Street Boronia in the 50s and 60s... neighbours, friends, teachers and many local identities. She spoke about her life and expectations in those pre-feminist days when she knew she did not want to be whatever it was that had been mapped out for her in a small house with a view of the beautiful Dandenongs.

An ex-student at Boronia High, Helen went on to work at the PMG & the Box Hill Library, then attended Monash University and finally to Oxford on a PHD scholarship.

Her writing has been published in the SMH, Vogue, The Herald Sun & The Monthly amongst many others, and for many years she had a regular column about life in The Age. You can borrow copies of her stunning memoir at any Your Library branch, including Miller's Homestead, or can purchase copies at Rainy Day Books in the Basin or any of the well known booksellers. *Michelle Kemp* 



#### Boronia & The Basin Community News SEPTEMBER

#### Jean Hailes Women's Health Week 2-6 September Australia's largest event dedicated to the health and wellbeing of all women, girls and gender-diverse people

'Every September, over 200,000 people gather in boardrooms, tearooms and community centres of Australia to share vital, up-to-date health information. The 2024 event will be held from 2-6 September.' (jeanhailes.org.au)

It's well worth checking out this website to see the resources available for celebrating this event in your community and checking the latest health news. You can host an event, attend an event or simply sign up to their email list, or social channels for evidence-based health information. You can also donate to the Jean Hailes Foundation.

The Australian Bureau of Statistics lists the top 5 women's health concerns:

Cancer, muskuloskeletal disorders, mental health disorders, cardiovascular disease and neurological diseases.

Cancer - in Australia one in two women will be diagnosed with cancer by the age of 85 (cancervic.org.au). Thankfully, many cancers can be treated successfully and about 70% of women in Australia with cancer will be alive five years or longer after their diagnoses. Early prevention and detection are incredibly important to increase your chances of successful treatment. So don't hesitate to make regular visits to your GP for check-ups and screening. New ways of detecting and

preventing cancer are constantly being developed.

Muskuloskeletal Disorders – are injuries or pain in joints, ligaments, muscles, nerves, tendons and parts of your body that support your limbs, neck and back. Women are at a higher risk of these disorders, such as osteoporosis and arthritis, than men. Things which may prevent these are activities such as warming up and stretching before exercise, taking frequent breaks from physical work, respecting pain and adjusting the activity, recognising early signs of inflammation in joints, nerves or muscles and seeking treatment.

Mental Health - 1 in 6 women will experience depression in their lifetime and 1 in 3 will experience anxiety, (Australian Bureau of Statistics 2018) with the biggest concerns being family and domestic and sexual abuse. One in four mothers will experience post-natal depression. Juggling work and life after children remains a major challenge for women in the workforce. This often adds to relationship struggles. There are many ways to seek help, such as Lifeline 13 11 14, Reach Out, Headspace, Beyond Blue, and others.

Cardiovascular Disease - is one of the leading causes of death in women in Australia. The risk of cardiovascular disease increases significantly after menopause. It is very important to make regular visits to your GP for health screening and tests, and as far as possible, maintain a healthy lifestyle with regular exercise, good food and sufficient sleep.

Neurological Diseases - such as Alzheimers and Multiple Sclerosis pose unique challenges to women's health. According to Dementia Australia, 70% of all Australians living with dementia are women. Various organisations such as Brain Foundation and MS Australia offer resources, support networks and research funding.

We are so privileged in Australia to have these resources and help available to us compared with many other countries. So please don't hesitate to seek help or counsel for yourself, family members, or others that you love.

In addition, a suggestion of 5 positive elemental qualities women can focus on:

Regular gentle aerobic exercise

Weight-bearing exercise

Social groups and interaction (support and community)

Healthy meals with fresh foods

Rest and relaxation (de-stress)

Ros Atkinson (Major resource – powhf.org.au)

#### We all live in a collection of Yellow Submarine Stuff - Danny Nolan

I think we all at some time have collected things, from the physical like stamps, records, and books to ethereal things like memories. The reasons for collecting are many; things we once had that were broken, lost, or that we or our parents couldn't afford when we were younger. Its sphere is allencompassing.

Collecting can be exciting and challenging, with a physical goal to achieve, the dopamine hit of finding that treasure. It is also something that can vary greatly in scope and size. From something you may keep in a box in the wardrobe to a curated collection, with documented histories and records. To have accounts of one's legacy with hopes to pass on. Collecting isn't just something that carries on from your childhood. It develops over time. I have amassed several collections over the years, some intentional, some just accumulating without me realising.

My unique collection would have to be my compilation of all things Yellow Submarinerelated. This fits into the '...accumulating without realizing' category.

When I was a pre-teen, during the school holidays my brothers and I would be put on a bus and sent for a week or so to various Aunty & Uncles in the Yea/Murrindindi area, where my mum originally came from and most of her large family still resided. On one of these trips, I had a comic to read, who or what I have no recollection but at the back was an advert for the Beatles' new movie and the comic that was part of the marketing campaign. The comic was in colour, so it must



I had to wait a few years until the original Yellow Submarine movie was shown on TV. This time I was a teenager, colour TV was a thing, and I was a bit more into music. I was anticipating something great and I was rewarded many times

over. Wishing with all my heart that there was some kind of device to record it on so I could watch it repeatedly. Even though through the ages I did rent it on VHS many times, as time went on, I had other interests that far exceeded obsessing about an old 1960s band cartoon movie.

Then at about the turn of the new century, I stumbled across some figures in a toy store sale bin. John and George, I think it was, dressed in the Sgt. Pepper's gear from the movie. I thought they would look good on the shelf. From that point on, my radar seemed more attuned to this kind of item. This led to some old VHS tapes, then I managed to get an actual model of the Yellow Submarine itself.

Time rolls on and now I have seven vellow submarines, as well as posters, books, comics, trading cards, and DVDs. Along the way, I also managed to pick up an appreciation of Sgt. Pepper and Magical Mystery Tour period pieces. Once again because the theme and art appealed.

It must be noted that I am not a real big fan of the Beatles' music, though as a musician, I wholeheartedly accept their role and influence on music to this day. I have never been one to let the music of my youth dictate my musical taste, I am always on the lookout for something new and exciting, however, my artistic preferences and influences seem to work in opposite directions if you take in what I have just written here.

I have watched other collectors show off their collections on YouTube and was amazed at the amount of merchandise that was released over the years, making my effort seem tiny. I however was disappointed that most of these collectors hadn't even removed the plastic on the boxes of their figures, kits, cards, and models. I don't understand how they could fight the urge to hold them and enjoy them.

I haven't added to the collection for some time now, but when I do stumble across something Yellow Submarine related, that old feeling of vesteryear surfaces once again and I automatically think, "I wouldn't mind holding that."



#### TILLY ASTON COMMUNITY **AWARDS A RESOUNDING** SUCCESS

Choruses of cheers could be heard echoing through the Knox City Council Civic Centre, on the evening of Saturday 3 August, as the Knox community gathered to celebrate some of our local heroes.

The Tilly Aston Community Awards provided the opportunity for various groups and individuals within the electorate of Aston to be recognised and commended on their outstanding work.

These awards are named after Tilly Aston, who was one of Australia's most important and influential disability advocates. Tilly worked tirelessly to support and improve the lives of many people living with vision impairment, including the establishment of a braille library.

The awards therefore recognise people in our community who embody and foster Tilly Aston's spirit, her empathy, courage and persistence, and who inspire and lead every day.

I had the enormous privilege of hosting the ceremony which gave me the opportunity to meet with people in a variety of community and serviced based awards categories, who had been nominated by those in the community who greatly appreciate their work.

Meeting these finalists who all come from such different walks of life and have such inspiring stories was amazing and really reinforced to me the strength and quality of people we have living amongst us in Aston.

To acknowledge their continued service, I

#### **NEW MUSIC & A TOUR** FOR LOCAL MUSICIAN

Boronia singer-songwriter Rainie Zenith has cemented her refusal to conform for conformity's sake with a debut album that dishes up surprise after surprise.

Polychrome Renegade is a kaleidoscopic collision of theme, mood and genre, running the gamut from wistful to ecstatic to furious, and exploring elements of pop, rock, folk, metal, cabaret, punk, and EDM.

The album is described by the artist as 'a wildly eclectic statement of defiance.'

The tracks are skilfully linked to take you on a cohesive journey through fits of rage at a wayward presented finalists and winners with certificates as well as checks from Bendigo Community Bank -Wantirna, who proudly sponsored the event, to put towards future service in the community.

My sincere thanks go out to the Community Bank Wantirna as well as the team at the Knox City Council for their continued support, without your contributions nights like these would not be possible.

I look forward to hosting this event and many others like it in the future.

#### WANTIRNA FARMERS AND MAKERS MARKET

Further to the fantastic awards, there are many more opportunities to catch up with me in the community over the next couple of months.

September is a great time of year, spring has sprung and with the sun starting to return, it means that Wantirna Farmers and Makers Market also returns!

The market, which is held on the third Sunday of the month from September to April provides me a great opportunity to have a regular catch up with so many of the locals, those who own stalls and those who just love the produce.

If you haven't had the pleasure of visiting the market before, it is a showcase of some of the best local businesses in Aston.

There is truly a little something that everyone will love at the market. From stalls with some of the freshest local honey, to delicious melt in your mouth churros, there is definitely a snack for all.

In addition to some great eats, I personally love doing a bit of gift shopping for family and friends at the market, there's some great jewellery, soaps and beauty products and so many handmade gifts.

But more than all of this, I have missed the community spirit that I feel every month, people from all over Aston having a Sunday morning coffee together is what I love most.

Sunday the 15th of September is the big day, the first day back, I hope to see many of you down there for a catch up, anything you want to have a chat about, I'll see you then.

#### **COFFEE AND CATCH UP**

If Sunday morning sleep ins are more of your thing, then fear not because Thursday the 17th of October at 10:30am I'll be out and about at Wellington Village for one of the regular mobile offices that I hold.

These provide a fantastic opportunity to get out into the community and have a great chat with people about life and any problems they may have.

I especially encourage you to come and have a chat if you need support with information about Federal government services such as Services Australia, NDIS, Medicare or immigration as my team and I have a wealth of knowledge and support that we would love to share with you.

So, if you've got a spare 15 minutes, pop past Wellington Village shops, grab a coffee and say hello, I'd love to catch up!

Mary Doyle MP Federal Member for Aston

boyfriend, bouts hormone-induced anguish, deeply pensive ballads, and even the search for a missing cat.

"All the tracks are completely different from each other," she said. "I encourage people to listen to the whole thing through once, then add their favourite songs to their playlists."

It's a busy time for Rainie Zenith, as she is set to appear as part of the line up of Melbourne's premier live music and networking event eXposure at Pockets



"It's a very exciting and very busy time," she said. "As an independent artist, there are many hats to wear. I'm really looking forward to getting away up the coast to play a few gigs and have some fun!"

You can hear Polychrome Renegade by searching for it on Spotify.

Moorabbin on August 31, before taking off on an album launch tour up the east

#### Jackson Taylor State Member for Bayswater MAINTENANCE BOOST FOR KNOX SCHOOLS

The State Government is ensuring that students across Victoria will continue to have access to world-class facilities after maintenance works are carried out at our schools.

State Member for Bayswater, Jackson Taylor MP, today announced Templeton Primary School, in Wantirna, and Kent Park Primary School, in Ferntree Gully will share in over \$305,000 of Planned Maintenance Program (PMP) funding for works at their schools.

Templeton Primary will receive over \$130,000 to undertake repainting works, revarnishing works and roof works, while Kent Park Primary will receive over \$174,000 to undertake ceiling replacement, skylight replacement, repainting works, roof works, stormwater works and switchboard works.

The PMP provides funding to address high-priority maintenance issues across Victoria's government school network.

I'll never forget my first intercontinental flight. It was memorable for so many reasons: I was returning to the UK for the first time since emigrating and reconnecting with relatives I hadn't seen for fourteen years. I'd never flown long distance before and I was sharing this trip of a lifetime with my new wife.

In 1975 long distance flying wasn't as commonplace as it is now, and seeing someone off was an occasion in itself with both sets of parents at "Tulla" to wave us goodbye. We travelled with Qantas in a Boeing 747 "Jumbo Jet," stopping twice to refuel before continuing to London. It was a long (30 hours), tiring journey but for a firsttime flyer it was exciting and new. Meals were advertised on printed menus, wine came in small bottles and was drunk from glassware and liqueurs arrived in miniatures. In-flight movies were viewed on small screens suspended from the cabin ceiling and earphones were primitive pneumatic devices which plugged into the seat armrest. Yes, we were cramped in economy class for what seemed like an eternity but we were on this adventure together and all discomfort was quickly forgotten as we cruised over bright green fields before finally landing at Heathrow.

Fifty years later I am the veteran of many intercontinental flights, and having just returned from a trip to Europe I can honestly say that the novelty of long-distance travel has definitely worn off. While the journey was shorter (fourteen and seven hours with a change of plane in Dubai) it somehow felt longer. The seats seemed smaller (or maybe I am bigger), the cabin seemed noisier and no amount of food, drink or seat back entertainment could compensate for the tedium and the discomfort.

Still, the whole experience provided inspiration for a song. So imagine a melody something like "Supercalifragilistic expial odocious" and sing along...

#### **SEPTEMBER**



Jackson with Templeton Primary School students, Kasey and Mackenzie

It ensures schools can undertake essential work in classrooms and other school buildings such as fixing roofs and replacing windows, painting, and resurfacing floors, as well as some external works like improving pathways.

Works are determined by a rolling facilities evaluation process, which provides up-to-date information on the condition of schools to create a faster and more targeted allocation of funding.

Fourteen hours in an aeroplane is not a lot of fun

Flying high, up in the sky while sitting on your bum

But fourteen hours in an aeroplane is not a lot of fun

Lipstick traces, painted faces, beatific smiles

Pampered arses, business class might be alright for some

Flight attendants look resplendent floating down the aisles

As we're climbing they are miming safety stuff with style

Buckle up and settle in and see what's on the screen

Music, movies, sport and news, a TV watcher's dream

I can't decide, my brain is fried, I read the magazine

Buckle up and settle in and see what's on the screen

Screen time action, brief distraction, cooped up for so long

Change the program, there you go, I'll listen to some songs

Try to doze, my eyes are closed then trolley comes along

Drinking, eating, small relief when cooped up for so long

Gotta go back to my seat and lose my place in line

Turbulence is stomach churning, happens every time

Toilet queue, I need to, "Phew!" there goes the seat belt sign

Toilet queue I need to "Phew!" there goes the seat belt sign

Engines roaring, headphones sore, I'm starting to lose track

Of the hours, need a shower, there's no chance of that

Screaming babies, maybe they'd be better down the back

Engines roaring, headphones sore, I'm starting to lose track

Flight attendants look resplendent floating down the aisles

Since 2014, the State Government has invested \$16.9 billion in building new schools and more than 2,200 school upgrades, creating around 26,000 jobs in construction and associated industries. It is building and upgrading the Education State so every student can access a great local school and a quality education no matter where they live.

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Spring 2024

Quotes attributable to Minister for Education Ben Carroll

"This program is about ensuring that every Victorian school is kept up-to-date, so that every child can access a high-quality education in a highquality environment."

"We are constantly evaluating our schools and making sure every single classroom is safe, engaging, and will complement the top-class education we are committed to providing."

Quotes attributable to Jackson Taylor, Member for Bayswater

"Our local students deserve the best facilities close to home. By upgrading and maintaining our local schools, we are giving young people in Knox the best chance at a quality education."

#### "Traveller's Tales" a Strummer's Story by Rob Fairbairn

#### FOURTEEN HOURS IN AN AROPLANE (Economy is purgat'ry)



Head is aching, rude awakening, is it day or night? Everyone return to seats, the cabin's all alight Eyes are bleary, as we near the finish of our flight Dawn is breaking, rude awakening, is it day or night?

Ears are popping drop the landing gear as we descend Rub my eyes and have a stretch and hope my limbs unbend Weary sighs, I realise we're nowhere near the end Ears are popping drop the landing gear as we descend

Flight attendants, still resplendent, waiting with a smile Voices muffled as we shuffle slowly down the aisle We'd love to see you back again, "I hope not, for a while." Flight attendants, still resplendent, waiting with a smile

Crumpled clothes and runny nose, I know I look a sight Stumble through the terminal and try to stay upright I'm in a mist, it's like I'm pissed and "Jeez, those lights are bright!" Crumpled clothes and runny nose, I know I look a sight

Check the information board, we're only passing through Up and down and all around and then another queue Fumble for my boarding pass, oh God, I need a shower Board the plane we're off again for another seven hours

Fourteen hours in an aeroplane is not a lot of fun Flying high, up in the sky while sitting on your bum Pampered arses, business class might be alright for some But fourteen hours in an aeroplane is not a lot of fun.



#### **BORONIA ROAD UNITING CHURCH**

209 Boronia Road

#### A SPECIAL WELCOME

We extend a special welcome to those who are single, married, divorced, gay, filthy rich or dirt poor. We extend a special welcome to those who are crying newborns, or skinny as a rake, or could afford to lose a few pounds...

We welcome you if you can sing like Pavarotti, or are like this writer (who can't carry a note in a bucket). You're welcome here if you're 'just browsing,' just woke up, or just got out of prison. We don't care if you're more Christian than the Pope, or haven't been in church since little Jack's christening.

EVERY SUNDAY MORNING at 10am we hold a 'user-friendly' service at our church – including kids' activities, lots of singing - all followed by morning tea and fellowship.

Come along! You will be made very welcome.

**EMERGENCY FOOD RELIEF** is available each Tuesday and Friday morning from 10am till 12 noon when non-perishable foods are given to those who need help at this time.

EVERYONE can be assured of non-judgmental and friendly support. We are a member of the Knox Emergency Relief Network.

#### COME ALONG TO OUR CRAFT GROUP...

We meet from 11.30am each Friday at the church. Bring your lunch and your own craft project although working on ANY craft is optional! You are welcome to drop in for a cuppa and a chat. The kettle is always on.

#### MUSIC GROUP FOR PRE-SCHOOLERS AND THEIR CARERS...

Is held each Friday from 9.30am during school terms.

The 45minute session is followed by a BYO morning tea when the carers get the opportunity to get to know each other. Leaders of this program are always on hand to offer support and encouragement. Please call Sue on 0402 079 432 for more information.

EARLY NOTICE - OUR NEXT MAKERS AND GROWERS MARKET is on Saturday, 9th November from 10am - 2pm. All stalls will be indoors or under-cover.

Enquiries or to book a stall - contact 0421 769 067 or irenesmith2@bigpond.com

For more information about us check out our Facebook page and Website or phone the church office on 9762 6732,

www.facebook.com/BoroniaRdUnitingChurch Website : https://boroniaroad.ucavictas.org.au

#### PLEASE NOTE...

All our appointed leaders, employees and volunteers have completed the required Safe Church Training and have current Working With Children Checks.

#### **Boronia & The Basin Community News SEPTEMBER**



At Knox & District Over50s we are a very friendly and sociable

of each month from January to November.

Our next General Meeting will be held at 10.30 am on Tuesday 24 September, at Club Kilsyth, 1-15 Canterbury Road, Bayswater North, followed by lunch in the bistro for those who wish to stay on.

We provide guest speakers, many day trips and an annual trip, visits to Boronia Cinema, coffee mornings, regular lunches at different locations around Knox and morning melodies. For this vear's annual trip we will be visiting Adelaide and surrounds during October.

During July we enjoyed a visit to Caldermeade Farm down Gippsland way and in August we went to the Australian Jazz Museum in Wantirna, where we were treated to a tour, concert and refreshments. Our photo shows some of our

members enjoying their refreshments amongst а selection of the items on display.

In September there is a visit to the National

Gallery of Victoria to check out the Pharoah Exhibition. Also on the agenda are a concert in October (Doris Day At The Round) and a visit to Robyn's Soap House at Knoxfield in November. And, of course, December will include a few Christmas celebrations.

If you are looking to enhance your social life, come along and join us.

We have a monthly newsletter (Knox Natters Matter) which will keep you up to date with the many fun social activities available.

If you are interested in joining our group, please contact Jill (on 9801 4363) for further information.

We look forward to hearing from you or, more importantly, seeing you in the near future.



**Boronia VIEW** will be meeting on Friday 20 Sept at 11.30am at Eastwood Golf Club, Liverpool Rd., Kilsyth with a 2 course lunch costing \$30 followed by Hazel Austin. National Vice President speaking about VIEW (Voice, Interests, Education of Women). There will be a trading

table, raffle and book stall with all monies raised going to The Smith Family Learning for Life program. The club sponsors 8 needy Australian children through this program, which helps them with their educational needs. The club is looking for new members, so ladies of all ages and backgrounds come along and you will be warmly welcomed. There are small groups within the club eg. coffee and film mornings, etc.

Enquiries to Judith on 9764 8602

## Set in North Carolina where five women come together each year to catch up. Moan, enjoy each other's company and have a good time. The 1812 set of the interior of the beach cottage was superb. Audience left was the entrance door, across a balcony which gave the impression of looking out to sea. The interior was the main room of the cottage with a door to the audience right leading to the kitchen and rear of the stage was a hallway leading to the necessary facilities.

The 1812 Theatre

The Sweet Delilah Swim Club

The play is set over four weekends over 33 years.

The cast was Sheree Hollinger, played by Laell Raiteri, who booked the cottage each year, a first class performance by Laell.

Jacinta Howden played Lexie Richards. Lexie was always in physical trouble, first in a sling and then in a leg brace etc. She had many marriages and survived them all. A tricky job to play in the various slings and casts, but Jacinta kept up the standard and did a wonderful portrayal.

Dinah Grason was played by Bev Shields. A lawyer who always had a liking for gin and was often at the cupboard with a cocktail shaker. A good portrayal of such a character.

Vernadette Simms was played by Hannah Bolt. Vernadette's children were always in a perpetual state of incarceration. Hannah really caught the essence of the character.

Jeri Neal was played by Malanie Bouette. Jeri had been a Nun and now was out of the convent with a surprise for the other members of The Sweet Delilah Swim Club.

A successful evening by The 1812 Theatre with a high standard of production and enjoyed by the opening night audience.



Boronia Ladies Probus meets at 🔥 the Knox Club on the 3rd Wednesday of the month.

🔞 July was a very busy month kicking off with Christmas in July at the Knox tavern, a

fabulous guest speaker at our General Meeting and finishing off with a Mystery Bus Tour which was a huge success. August was just as busy with performances at Karralyka and Bayswater



theatres and later in the month a boxed lunch and movie at Metro Cinemas Boronia.

We welcome new members; if you're interested, contact us on 0435 136 472 or email: boronialadiesprobusclub@gmail.com



#### **PROBUS SOCIAL CLUB BORONIA**

If you are retired and looking for <sup>®</sup> things to do or want to meet new

people then please consider trying out the Probus Social Club in Boronia. We meet at 10am on the 2nd Thursday each month at Boronia CWA Hall (4 Sundew Avenue).

We are a great, friendly social club which started in May 2024 and now has 30 members. We hold a variety of activities and outings as well as having interesting guest speakers every month. All members have an input into places to go, things to see, what to do, so everyone gets to enjoy their favourite things. If you enjoy outings and bus trips, dining out, movies, live shows and so much more and would like to make new friends, then please check us out. We welcome new members.



group who normally meet on the 4th Tuesday **SEPTEMBER** 

Spring 2024

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People with the biggest ideas can be shot down by the people with the smallest minds. Think big anyway.



Boronia 9762 0008

5/3 Floriston Road, Boronia



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